



Experiences in Tuscany

We are fully convinced that travellers have to know the true life, traditions and customs of the countries that they visit. Food, like everywhere, is the best and friendly way to discover the history of people.

In collaboration with the TuscanFood staff, which offering their impassioned and different experiences. It gives you the opportunity to enter in the food world in a different and more traditional way. For the curious that would like to know a bit of culinary and food process, or the novice that want to learn how to taste and appreciate Tuscan quality food, the staff will provide different experiences which will be entertaining, informative and fun. In the main time can offer to you all our know how in the world food and in particular to create your personal Food Itineraries during your Italian holidays.

THESE ARE AVAILABLE EXPERIENCES:

- Spice tour*
- Saffron experience*
- Cooking Class*
- Florence wine tour*

Spice tour

Pierre Cusseau is the French friend or "herbs shepherd, as a great magician, draws his inspiration from everything, as a special sunset, a storm, the wind, to create extraordinary mixtures that will convey feelings of our land and love for those simple but precious plants.



After the lesson, you'll have a final and complete tasting of his magic herbs with typical cheese and wine. This will be a special friendly moment and will give you the possibility to understand how to use herbs to appreciate better the food and the wine. And if you've enjoyed your tour you can buy his products in nice, small jars.



PROGRAM:
Visit to a spice producer and tasting experience.

Cooking Class

We would like to convey feelings to you through the simple home tradition in preparing as ever our typical and poor food: PASTA. You'll learn all you'll need to help us in continue this tradition doing it again for your family and friends as we do.



Each plate has a legend, each touch of you will give more history. Two hours of cooking class, learning, chatting and drinking a white aperitif wine while you'll do Tortelli, Tagliatelle and Cantuccini biscuits.

PROGRAM:
Two hours cooking class lesson with lunch served in our old kitchen.

Saffron experience

A friend will open you his home and his life. He will touch you with his precious saffron, telling and showing you all it's secrets. He will amaze you also with his white wine, other



natural products and more with his son, chef in an elegant restaurant of San Gimignano, where you'll have the pleasure to lunch tasting a unique and complete Saffron Menu. If you'll enjoy you'll have a spectacular walk through the wonderful San Gimignano and all it's beauty.

PROGRAM:
Visit to a saffron producer with an interesting video vision off the saffron's process, elegant saffron lunch and visit to San Gimignano.



Florence wine tour

Capaccio, one of the magic corners overlooking Florence, will open its unique panorama. You'll breathe a simple renaissance air with the old aromas of wine and honey for a complete and unforgettable experience program that includes: a complete Wine Tour across the amazing property with wine tasting and lunch. A professional wine tour, where your guides will be the brilliant sommelier and cellar master of that beautiful estate. An experience that makes possible in each season to see the different phases of the vines life, and the cellar's care along the wine process.



PROGRAM
10.30 a.m. starting visit to the vineyards, the cellars
12.30 a.m. wine tasting and light lunch
01.30 a.m. visit to the shop
02.30 a.m. ending time